

Is Your Child's Asthma Under Control?

If you answer **yes** to any of the following questions, your child's asthma may not be well controlled. Please speak with their health care provider about their asthma treatment plan.

Questions to Consider:



- 1. Quick-relief asthma medication usage**
Does your child use their quick-relief or rescue medication (such as albuterol) more than twice a week?

YES

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NO

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- 2. Quick-relief asthma medication refills**
Have you had to refill your child's quick-relief or rescue medication more than twice this year?

YES

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NO

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- 3. Night-time asthma symptoms**
Has your child woken up at night with asthma symptoms (coughing, wheezing, shortness of breath) more than twice this month?

YES

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NO

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- 4. Steroid medication**
Has your child taken an oral or injectable steroid medication, such as prednisone, for an asthma attack twice or more in the past 12 months?

YES

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NO

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Take Control of Your Child's Asthma!

If you answered **yes** to any of the questions above, don't wait. Schedule an appointment with your child's provider to discuss how you can better help your child manage their asthma and improve their quality of life.