

# 2011 HMSA HEALTH EDUCATION

Registration Required. Please call 948-6398 or 1-800-525-6548

(Customer Service)

Dates and times subject to change.

STRESS MANAGEMENT					
MONTH	DAY	DATES	TIMES	LOCATION	CLASS NUMBER
SEPTEMBER	SATURDAY	SEP 10, 17, 24	9:00 - 11:00 AM	AIEA INT. SCHOOL	SM1151