

HMSA HEALTH EDUCATION

Registration Required. Please call 948-6398 or 1-800-525-6548.

Dates and times subject to change.

REAL-WORLD NUTRITION					
MONTH	DAY	DATES	TIMES	LOCATION	CLASS NUMBER
MARCH	THURSDAY	MAR 18, 25	5:30 - 7:30 PM	KAIMUKI	RW1021
	SATURDAY	MAR 27	9:00AM - 1:30 PM	AIEA INTERMEDIATE SCHOOL	RW1022
MAY	TUESDAY	MAY 4,11	5:30 - 7:30 PM	KONA HEALTHPASS	RW1031
	WEDNESDAY	MAY 5, 12	5:30 - 7:30 PM	MAUI BRANCH OFC	RW1032
	THURSDAY	MAY 6, 13	9:00 - 11:00 AM	MAUI BRANCH OFC	RW1033
	MONDAY	MAY 10, 17	5:30 - 7:30 PM	HILO BRANCH OFC	RW1034
	THURSDAY	MAY 27 JUN 3	9:30 - 11:30 AM	KAPOLEI	RW1035
JUNE	SATURDAY	JUN 5	9:00 AM - 1:30 PM	HMSA CENTER	RW1036