

HMSA HEALTH EDUCATION

Registration Required. Please call 948-6398 or 1-800-525-6548.

Dates and times subject to change.

REAL-WORLD NUTRITION					
MONTH	DAY	DATES	TIMES	LOCATION	CLASS NUMBER
JULY	SATURDAY	JUL 30*	9:00 AM - 1:30 PM	HMSA	RW1141
SEPTEMBER	WEDNESDAY	SEP 7, 14	5:30 - 7:30 PM	KAIMUKI	RW1151
	THURSDAY	SEP 22, 29	9:30 - 11:30 AM	KAPOLEI	RW1152

* ONE-DAY REAL WORLD NUTRITION CLASS