



CONFUSED ABOUT HEALTH CARE?

Do you know the difference between a PPO and an HMO? Do you know how to get care when you're on the Mainland and what screenings your health plan covers?

YOU'RE NOT ALONE

Most of us don't completely understand how health care works. And health care information is often filled with confusing industry jargon and legal language.

That's why HMSA has launched **Health Care: Plain & Simple**, a campaign to clear up the confusion and help you understand your health plan and health care. We'll use plain and simple language, charts, and illustrations to explain complex health care topics.

Health Care: Plain & Simple is part of HMSA's mission to help you make smart health care decisions, stay healthy, and save money.

Visit our website at
www.HealthCarePlainAndSimple.com
to find out more.



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