



STATE OF HAWAII  
DEPARTMENT OF EDUCATION  
P.O. BOX 2360  
HONOLULU, HAWAII 96804

OFFICE OF THE SUPERINTENDENT

Fall 2004

Aloha!

With the obesity epidemic increasingly affecting our children, the Hawaii State Department of Education (DOE) acknowledges and supports the **Fun 5** initiative advocating five days of physical activity a week and five fruits and vegetables a day. The **Fun 5** program partners the DOE with the Hawaii Medical Service Association (HMSA) and the University of Hawaii to promote standards-based physical activity and nutrition education for elementary school students. The primary goal of **Fun 5** is to provide Hawaii's keiki with the resources and support they need to lead active and healthy lifestyles.

As you know, thirteen After-school Plus (A+) programs on Oahu and six school P.E. programs statewide participated in the **Fun 5** Pilot Program in 2003. The results showed an increase in both the intensity and amount of physical activity of students in school, after school, and even at home. Due to the success of **Fun 5** it is now being offered to all elementary schools and A+ program sites statewide.

We appreciate the commitment and efforts of HMSA, the University of Hawaii, and community sponsors in collaborating with the DOE. This is a true partnership addressing our children's health, and the DOE welcomes this opportunity and is interested in ensuring the success of this exemplary initiative.

Very truly yours,

A handwritten signature in black ink that reads "Patricia Hamamoto".

Patricia Hamamoto  
Superintendent

PH:jks