

# HMSA HEALTH EDUCATION

Registration Required. Please call 948-6398 or 1-800-525-6548.

Dates and times subject to change.

BODY POWER					
MONTH	DAY	DATES	TIMES	LOCATION	CLASS NUMBER
JANUARY	TUESDAY	JAN 19, 26 FEB 2	530PM - 730PM	HMSA CENTER	BP1011
	THURSDAY	JAN 21, 28 FEB 4	5PM - 7PM	HMSA KAUAI HEALTHPASS OFFICE	BP1012
	TUESDAY	JAN 26 FEB 2, 9	530PM - 730PM	HMSA KONA HEALTHPASS OFFICE	BP1014
MARCH	MONDAY	MAR 1, 8, 15	530PM - 730PM	HMSA MAUI BRANCH OFFICE	BP1021
	THURSDAY	MAR 4, 11, 18	9:30- 11:30 AM	KAPOLEI	BP1022
	SATURDAY	MAR 6, 13, 30	9:00 - 11:00 AM	HMSA CENTER	BP1023
	WEDNESDAY	MAR 17, 24, 31	9:30 - 11:30 AM	KAIMUKI	BP1024
APRIL	MONDAY	APR 12, 19, 26	530PM - 730PM	HMSA HILO BRANCH OFFICE	BP1025