

Backgrounder on the HMSA *go* Campaign 2005

Q: Is HMSA offering a three-month membership to Weight Watchers at no cost?

A: Yes. For a limited time, HMSA members may qualify for a free three-month membership at Weight Watchers.

Here is a summary of the special promotion

- You must be a current HMSA member to participate in the promotion.
- You are not eligible to participate if you are already a member of Weight Watchers.
- To see if you qualify for a free three-month membership at Weight Watchers, please call the HMSA HealthPass office nearest you. Schedule an appointment for a health assessment.
- HealthPass staff will conduct the assessment, and counsel you on your individual results.
- Based on your results, HealthPass may recommend that you join Weight Watchers.
- HealthPass will provide you with your initial Weight Watchers coupon for purposes of registration and the first weekly meeting.
- At subsequent Weight Watchers meetings, you will obtain additional coupons. In all, you will receive 12 coupons – good for three months of meetings.
- Coupons are not transferable, and must be originals. No copies will be accepted.
- If you are unable to attend the weekly meetings, you may still participate by joining the Weight Watchers Online program. (*Call Weight Watchers for details.*)
- In Hawaii, Weight Watchers operates nearly three dozen meeting sites across the state.

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